

Illawarra All Schools and Youth TRACK & FIELD CHAMPIONSHIPS

Sunday 3rd August, 2008. Start 8.30am Track, 9am Field
Illawarra Regional Athletics Centre (Beaton Park)
Foleys Road, Gwynneville

Proudly brought to you by the regions premier Athletics Clubs:



Per Event : \$4.00
 Maximum 5 individual events
 *** \$15.00 for 5 events ***

Free Gate Entry

Late Entries: \$10.00 per event
Until 9.30am

Relays: 4x100m \$4.00 per team
Submit relay entries on the day. Mixed teams.

Awards

B.B.Q.

Relays

Trophies

Compete in the age division you turn this year.

Age	100	200	400	800	1500	Shot	Disc	Jav	LJ	HJ	TJ	Walk	W'Chair
8	x	x		x		x			x				
9	x	x		x		x	x		x				
10	x	x		x	x	x	x		x	x			
11	x	x		x	x	x			x				
12	x	x	x	x	x	x	x		x	x		x	
13	x	x	x	x	x	x			x	x			
14	x	x	x	x	x	x	x	x	x				
15	x	x	x	x	x	x	x			x			
16	x	x	x	x					x				
Open (17,18,19)	x	x	x	x	x	x	x	x	x	x	x	x	
Disabled P.	x					x							x
Disabled S.	x					x							x

Competitors may go up age divisions only when no event is catered for in own division

Note !! The track has an international standard synthetic surface
 If running shoes are worn, spikes are to be a maximum of 7mm.

**** CLOSING DATE FOR ENTRIES - 29th July, 2008 ****

For further details – www.athleticswollongong.org.au/allschools or <http://www.ibs.coolrunning.com.au/>

Please complete and forward with correct fee (cheques payable to Athletics Wollongong Inc)
 to reach the following address by the closing date of entries of 29th July.

Carnival Manager, All Schools, P.O. Box 5186, WOLLONGONG, NSW 2520

Name:	Phone No:				
Address:	Post Code:				
Email (optional):					
Date of Birth:	Age this Year:	Male <input type="checkbox"/>	Female <input type="checkbox"/>		
School:	Primary <input type="checkbox"/>	Secondary <input type="checkbox"/>	Other <input type="checkbox"/>		
Events Entered:	1.	2.	3.	4.	5.

TRACK - 8:30AM START

T1	8:30 AM	Junior (12yrs) 1500m Walk
T2	8:30 AM	Open 2000m Walk
T3	9:00 AM	12yrs+ 200m Heats
T4	9:30 AM	8-11yrs 200m Heats
T5	10:00 AM	12yrs+ 800m Finals
T6	10:30 AM	8-11yrs 800m Finals
T7	11:00 AM	12yrs+ 100m Heats
T8	11:30 AM	8-11yrs 100m Heats
T9	12:00 PM	400m Finals
T10	1:30 PM	100m Finals
T11	1:30 PM	Disabled 100m Finals
T12	1:30 PM	Wheelchair 100m Finals
T13	2:00 PM	1500m Finals
T14	2:30 PM	200m Finals
T15	3:00 PM	4x100m Relays
-	3:15 PM	Trophy Presentations

NOTE

**THIS SCHEDULE IS SUBJECT TO
CHANGE ONCE PARTICIPANT
NUMBERS ARE KNOWN**

**THE FINAL SCHEDULE WILL BE
FINALISED IN THE PRINTED PROGRAM
AVAILABLE ON THE DAY**

**EVERY CARE IS TAKEN TO FOLLOW
THE SCHEDULE, HOWEVER DELAYS
MAY OCCUR AT PEAK TIMES**

**IF THERE ARE INSUFFICIENT ATHLETES
TO RUN MULTIPLE HEATS, THEN
FINALS WILL BE RUN AT HEAT TIMES**

FIELD - 9:00AM START

F1	9:00 AM	11yrs Boys Shot Put - South
F2	9:00 AM	11yrs Girls Shot Put - North
F3	9:00 AM	9yrs Boys Discus - South
F4	9:00 AM	9yrs Girls Discus - North
F5	9:00 AM	10yrs Boys Long Jump - South
F6	9:00 AM	10yrs Girls Long Jump - North
F7	9:00 AM	13yrs Boys High Jump - West
F8	9:00 AM	13yrs Girls High Jump - East
F9	9:30 AM	12yrs Boys Shot Put - North
F10	9:30 AM	12yrs Girls Shot Put - South
F11	9:30 AM	15yrs Boys Discus - North
F12	9:30 AM	15yrs Girls Discus - South
F13	9:30 AM	Open Boys Long Jump - North
F14	9:30 AM	Open Girls Long Jump - South
F15	10:00 AM	8yrs Boys Shot Put - South
F16	10:00 AM	8yrs Girls Shot Put - North
F17	10:00 AM	10yrs Boys Discus - South
F18	10:00 AM	10yrs Girls Discus - North
F19	10:00 AM	11yrs Boys Long Jump - South
F20	10:00 AM	11yrs Girls Long Jump - North
F21	10:00 AM	15yrs Boys High Jump - East
F22	10:00 AM	15yrs Girls High Jump - West
F23	10:30 AM	13yrs Boys Shot Put - North
F24	10:30 AM	13yrs Girls Shot Put - South
F25	10:30 AM	Open Boys Discus - North
F26	10:30 AM	Open Girls Discus - South
F27	10:30 AM	12yrs Boys Long Jump - North
F28	10:30 AM	12yrs Girls Long Jump - South
F29	11:00 AM	9yrs Boys Shot Put - South
F30	11:00 AM	9yrs Girls Shot Put - North
F31	11:00 AM	8yrs Boys Long Jump - South
F32	11:00 AM	8yrs Girls Long Jump - North
F33	11:00 AM	Open Boys High Jump - West
F34	11:00 AM	Open Girls High Jump - East
F35	11:30 AM	15yrs Boys Shot Put - North
F36	11:30 AM	15yrs Girls Shot Put - South
F37	11:30 AM	12yrs Boys Discus - North
F38	11:30 AM	12yrs Girls Discus - South
F39	11:30 AM	14yrs Boys Long Jump - North
F40	11:30 AM	14yrs Girls Long Jump - South
F41	12:00 PM	Open Girls Shot Put - South
F42	12:00 PM	14yrs Girls Discus - South
F43	12:00 PM	16yrs Boys Long Jump - South
F44	12:00 PM	10yrs Boys High Jump - West
F45	12:30 PM	Open Boys Shot Put - South
F46	12:30 PM	14yrs Boys Discus - South
F47	12:30 PM	16yrs Girls Long Jump - South
F48	1:00 PM	Disabled B & G Shot Put - North
F49	1:00 PM	14yrs Girls Javelin - North
F50	1:00 PM	Open Boys Triple Jump - North
F51	1:00 PM	10yrs Girls High Jump - East
F52	1:30 PM	14yrs Boys Javelin - North
F53	1:30 PM	Open Girls Triple Jump - North
F54	2:00 PM	10yrs Boys Shot Put - South
F55	2:00 PM	10yrs Girls Shot Put - North
F56	2:00 PM	Open Boys Javelin - North
F57	2:00 PM	9yrs Boys Long Jump - South
F58	2:00 PM	9yrs Girls Long Jump - North
F59	2:00 PM	12yrs Boys High Jump - East
F60	2:00 PM	12yrs Girls High Jump - West
F61	2:30 PM	14yrs Boys Shot Put - North
F62	2:30 PM	14yrs Girls Shot Put - South
F63	2:30 PM	Open Girls Javelin - North
F64	2:30 PM	13yrs Boys Long Jump - North
F65	2:30 PM	13yrs Girls Long Jump - South